



The Eye of the Hurricane

Vol. 17 No. 2

Hallowell Swim Team

June 16, 2008

Hurricanes Punish Piranhas

We started off the season with a huge victory over Poolesville. The final score of the meet was:

Hallowell	502
Poolesville	289

We had a great meet with 121 best times, numerous sweeps and all star times, and two new team records! Winning both the boy's and the girl's open age medley relays set the tone for the meet and fast swimming continued all morning. Congratulations to 15-18 Blair Webb! She had four first place finishes and set team records in 15-18 100 free and 100 back. All Star qualifying times were achieved by: Anna Kolanowski, Kelly Flamand, Katie Relihan, Cookie Byrne, Sydney Kolker, Brady Fox, Blair Webb, Joey Devlin, Brandon Loiacono, McKayla Adam, Andrew Relihan, Eric Conrad, Molly Anderson, Chris Loiacono, Megan Conrad, Nicholas Breen, Makayla Roy, Paulina Kozorosky, Matthew Lee, and Anna Gruber.

We looked strong in all our age groups. The 13-14 boys, Joey, Brandon, Chris, Nick Munson and Nick Tatnall swept 50 free and 50 breast. The 15-18 boys (Brady, Andrew, Eric, Matthew, and Michael Anderson) swept 100 back, 100 IM, and 50 fly. 9-10's Michael Bardach, Alex Munson, and Austin Kong swept 25 fly. The 8&under boys swept 25 fly with excellent swims from Drew Munson, Nicholas Seward, and Ryan Lertora. In addition to the sweeps, we had swimmers winning multiple events including Nicholas B., Anna K., Anna G., Brandon, Thomas Lee, Brady, Blair, Joey, Andrew, and McKayla.

Many swimmers swam best times in multiple events. We also had quite a few big time drops of nearly 5 seconds or more: Paige Fox in 100 back, Grace Hambrecht in 25 free, Max Nelson in 25 free, Jeremy Neufeld in 50 breast, Albert Zhou in 50 free, Ryan Lertora in 25 free, Melissa McLaughlin in 25 free, Kyra Adam in 25 back, and Samantha Adam in 50 fly. Nicholas Seward dropped the most time of the meet by shaving nearly 10 seconds off his 25 fly time.

B Meet vs. Upper County

Our first B meet of the season is this Wednesday, June 18 at Hallowell. Please remember to sign up in the blue B Meet sign up notebook by Monday evening at the end of practices. **NO late entries will be accepted.** The procedures for sign up are listed in the front of the notebook and are also available on our website. If a stroke has a line through it, you are not allowed to sign up for that event; either because you swam it in the A meet that week or you are not yet legal in the stroke. Swimmers may swim a total of three individual strokes and an IM in a swim week (Sat – Wed).

Swimmers need to be at Hallowell at **4:45pm** for warm-ups. Please remind your swimmers that they must remain in the team area during the swim meet. Each age group is assigned a specific coach for the meet. Any swimmer that needs to leave the team area to use the bathroom or get food needs to check in with their coach before leaving. We will not search outside the team area for swimmers and we don't want anyone to miss a race. It is also important that swimmers clean up all their trash and take home their bottles for recycling. We are continuing our **Aliens** theme so come in your best alien costume.

Parking Restrictions

Please remember that there is NO parking along the fire lanes or in the Children's Center spaces. There is also NO parking on Prince Phillip Dr. Please plan on walking to the pool whenever possible. Friday mornings and swim meets are the most crowded times so make sure to park in the neighborhood if you need to drive. We need to leave the parking spaces for visiting teams.

Meet Buddies

Meet Buddies were introduced at last Friday's team meeting. A list of all the buddies is posted on the bulletin board if you were not there to meet your buddy. We don't have quite enough older boys or younger girls so a few of you get to have two buddies! Remember to bring a small treat or poster to the meet for your buddy and most importantly to cheer during each other's races!

Family Fun – Miniature Golf

Our first Family night is this evening from 7:30-9pm at Mid-Atlantic Golf located on the corner of Georgia Ave. and Norbeck Rd. (Take Georgia south, turn left on Norbeck, and the golf center is up the hill on the left). The cost is \$5 per person and there will be goodies for sale at the concession stand.

Next week's activity is **Raft Night** with Ice Cream Sundaes following practice and the team picture.

Team Pictures

The Team Picture will be taken on Monday, June 23rd at Hollowell. Order forms will be placed in the family folders this week and should be brought to the pool on picture night. Individual pictures can be taken from 5-6:30pm. We will start lining up for the team picture at 6:30pm. Please wear your team suit and be on time so you don't miss it!

Practice Changes

Due to the team picture, we will only have one combined practice from 5:30-6:30pm on Monday, 6/23. All age groups will swim together with practice ending in time for the team picture.

Due to the large number of Pre-team swimmers, we have expanded to three practice groups. The coaches will place swimmers in their groups today during practice and a list will be posted so you can see what group your child is in. Practices will still be 30 minutes long beginning at 9:30am and lasting until 11am. On Friday mornings, each practice will begin a half hour early to be done in time for our Team Breakfast.

A Relay Carnival

This year our A Relay Carnival is very early in the season. The meet is this Sunday, June 22 at Stonegate in the morning. Warmup times will be announced as soon as they are available. A tentative lineup for this meet will be posted on Tuesday so families can start planning their weekends. However, the final lineup won't be decided until after the B meet on Wednesday. Anyone that does not swim in the A Relay Carnival is invited to swim at the B Relay Carnival on Sunday, July 6th. Look for more details on how to sign up in next week's newsletter.

Swimmers of the Week

Each week the coaches will select two swimmers from each group, 10 & under and 11 & up. These swimmers are selected on the basis of good attitude, dedication, spirit and leadership, and hard work during practice and meets. The swimmers of the week for June 16 – June 20 are:

10 & under **Nicole Kister**
Nicholas Seward

11 & up **Allison Hockman**
Jeremy Neufeld

Age Group of the Week

This season we are also picking an Age Group of the Week. The swimmers in this age group will get a special treat at one of the practices and get to pick some fun games for Monday-Funday practices. They also get to line up first for the Friday Team Breakfast. Based on all their hard work over the first few weeks of practice, the **8 & unders** are our age group of the week!

A Meet at Westleigh

Our first away meet of the season is this Saturday, June 21 at Westleigh. The lineup will be posted Thursday morning during practices. Please check off your name if you can swim and let Jessica know immediately if you cannot be there. Swimmers need to check in at Hollowell at **7:15am** and then we'll caravan over to the other pool. Remember to wait in the parking lot so we can enter as a team. Please be **ON TIME!** Directions to the other pools are located at the back of the team directory and our theme for the meet is **Rock Stars**. Remember to come to the pep rally on Friday morning to get ready for the meet!

Hallowell Homecoming

Our second annual Hurricane homecoming meet will be held at Hollowell on Saturday, June 28th. If you know anyone that used to be on the team, please invite them to come and join us for a trip down memory lane. There will be Hurricane Trivia, a contest to see who has the oldest team t-shirt, and a chance to catch up with old friends.